



## Instructions for Patients

### Preparing for your surgery:

#### **DO NOT EAT ANYTHING FOR 8 HOURS PRIOR TO SURGERY.**

1. Prescription medication(s) may be taken with water.  
**Clear liquids only** (water, Sprite/7-Up, apple/cranberry juice, black coffee or tea) **until 3 hours before surgery. NO CITRUS JUICE OR DAIRY PLEASE!**
2. If you are diabetic, ask your doctor about the insulin or pills you should use the morning of surgery.
3. If directed, use antibiotics as prescribed by your doctor (for example, patients with artificial hips, heart valves, or a history of rheumatic fever.)
4. It is **NECESSARY** to arrange for a responsible adult to give you a ride to and from surgery and be with you for the first day.
5. Wear casual, comfortable clothing on the day of surgery.
6. Do not wear contact lenses, make-up, nail polish, or jewelry. Please leave your valuables at home.

### What to Expect DURING Surgery

1. You will change into a hospital gown, cap and slippers and then sit in a reclining chair.
2. A nurse will put on heart, blood pressure and oxygen monitors.
3. An IV will be placed in your hand. After speaking to your anesthesiologist / anesthesiologist, you will be given medication to help you relax.
4. The nurses will escort you to the operating room and help position you for surgery.
5. A local anesthetic will be placed around your eye.
6. Your face will be cleaned and covered with a sterile drape.
7. The surgical team will ensure that you are comfortable throughout the procedure and able to remain still.
8. When the surgery is finished, your face will be cleaned and your eye will be covered with a patch.

**What to Expect AFTER Surgery**

1. You will be escorted to the recovery area after your surgery.
  
2. In the recovery area, you will be given something to drink and allowed to rest for a while before you are discharged.
  
3. Your post-operative instructions will be reviewed to ensure a safe and comfortable recovery.
  
4. Your eye will remain patched for the rest of the day.
  
5. You will have an appointment with the doctor for a follow-up visit the next day.
  
6. At your follow-up visit, you will receive your post-operative medications and the instructions will be reviewed with you.

**Important Phone Numbers**

Omni Eye Specialists (ask for surgery scheduling) .....(303) 377-2020  
Madison Street Surgery Center .....(303) 388-0599  
Porter Adventist Hospital.....(303) 778-5753