



OMNI EYE SPECIALISTS

A Madison Street Company®

Proudly Owned by Employees

Specializing in Medical and Surgical Care of the Eye

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www.omnieye.com

Post-Operative Instructions for Cataract and Implant Patients

1. You may resume all normal everyday activities.
2. Your cautions include:
 - a) No water in your operative eye for at least **one week**. You may bathe or shower, but cover you eye with a clean washcloth when rinsing you hair.
 - b) Do not lift anything heavier than 25 lbs for **two weeks** or until you are told you can.
 - c) Do not rub your eye for ____ weeks.
3. You should wear your glasses and tolerate any blur you notice while wearing them. It will NOT hurt your eye.
4. You must wear a shield when sleeping for ____ weeks.
5. You may use a moist cotton ball or clean washcloth to gently clean your eyelids in the morning.
6. Call Omni Eye Specialists at (303) 377-2020 or 1-800-462-6664 day or night if:
 - a) You experience pain that persists for more than 20-30 minutes.
 - b) Your eye becomes increasingly red.
 - c) Your vision becomes worse.
7. For instructions on your post-operative medications, please refer to your medication guide sheet.
8. Your eye may water and/or feel as if you have a lash in your eye for the first 1-2 weeks. This is normal and is NOT a problem. The slightly red area above your eye is normal and the area may enlarge and become mildly redder over the first 3-5 days after your surgery. Again, this is normal. If you have severe pain or redness, please notify Omni Eye Specialist immediately.

PLEASE BRING THESE INSTRUCTIONS AND THE BOTTLES OF MEDICATION WITH YOU TO EACH POST-OPERATIVE VISIT!

