

OMNI EYE SPECIALISTS

A Madison Street Company® Proudly Owned by Employees

Specializing in Medical and Surgical Care of the Eye

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Post-Operative Instructions for Cataract and Implant Patients

1. You may resume all normal everyday activities.
2. Your cautions include:
 - a) No water in your operative eye for at least **one week**. You may bathe or shower, but cover you eye with a clean washcloth when rinsing you hair.
 - b) Do not lift anything heavier than 25 lbs for **two weeks** or until you are told you can.
 - c) Do not rub your eye for ____ weeks.
3. You should wear your glasses and tolerate any blur you notice while wearing them. It will NOT hurt your eye.
4. You must wear a shield when sleeping for ____ weeks.
5. You may use a moist cotton ball or clean washcloth to gently clean your eyelids in the morning.
6. Call Omni Eye Specialists at (303) 377-2020 or 1-800-462-6664 day or night if:
 - a) You experience pain that persists for more than 20-30 minutes.
 - b) Your eye becomes increasingly red.
 - c) Your vision becomes worse.
7. For instructions on your post-operative medications, please refer to your medication guide sheet.
8. Your eye may water and/or feel as if you have a lash in your eye for the first 1-2 weeks. This is normal and is NOT a problem. The slightly red area above your eye is normal and the area may enlarge and become mildly redder over the first 3-5 days after your surgery. Again, this is normal. If you have severe pain or redness, please notify Omni Eye Specialist immediately.

**PLEASE BRING THESE INSTRUCTIONS
AND THE BOTTLES OF MEDICATION WITH YOU TO
EACH POST-OPERATIVE VISIT**